Text for HUB

Health Initiatives and Wellbeing Team

This team provides a range of support and development services to schools to promote the health and emotional well being of pupils and families. The total suite of activities also covers pupil participation, sustainability education and on-line evaluation tools.

a) National Healthy Schools Standard

sub-themes: Healthy Eating, Physical Activity, Emotional Well Being, PSHE From 2010 onwards the Healthy Schools Enhancement Model will be available to those schools who have achieved national status. This will have individual school and cluster dimensions and will focus on key NHS and CYPP priorities.

- b) <u>School Meals Strategy</u> providing strategic advice and policy leadership for schools and partners in order to extend the quality and provision of school meals with special reference to disadvantaged groups.
- c) Physical Education and School Sport (including Outdoor Education) providing advice, support and training for schools on all aspects of the PE curriculum and other provision for active play, physical activity and challenge; linking School Sports Partnership activity across the city, liaising with partners and services in Leeds City council and the NHS on behalf of Leeds schools. The service contributes to Health and Safety advice in the relevant areas. School Olympics programme "Spirit Alive"
- c) <u>Pupil Voice, Participation and "Investors in Pupils"</u> providing advice and support for schools on the development of pupil voice and pupil leadership of learning. Leading and coordinating whole city pupil participation activities on behalf of Education Leeds.
- d) <u>Drugs Education</u> providing advice, support and training for schools on the issues of substance misuse, alcohol and tobacco.
- e) <u>Bluewave SWIFT</u> the online school evaluation and improvement tool developed by Leeds headteachers. This cutting edge package allows management and evaluation of all aspects of school and staff performance with the implementation being supported by City Learning Centres.
- f) <u>Sustainable Schools providing advice</u>, support and training for schools on all issues related to sustainability and related curriculum areas. Implementation of the Leeds Sustainable Schools Standard
- g) <u>Personal Social and Health Education</u> all aspects of PSHE practice including the PSHE CPD accreditation programme. Currently there is a particular focus on Sex and Relationships Education.
- h) <u>Emotional Health and Well Being / TaMHS</u> (Targeted Mental Health Scheme) development of good practice in this area in conjunction with SEAL, CAMHS and the Educational Psychology Service.

- i) <u>"Be Healthy, Stay Safe Challenge" and the "Be Healthy Family Challenge"</u> a framework and support package for the promotion of health and wellbeing through practical challenges and activities. This provision is closely linked to the "Change4Life" programme.
- j) Every Child Matters survey. This survey is currently managed collaboratively with by Education Leeds, Performance Management and Information Team. It was developed to survey children's behaviours and attitudes across the 5 ECM areas and is available for Years 5,6,7,9 and 11.

k) Agencies Benefiting Children – the ABC toolkit enables schools and clusters to
purchase services from a variety of voluntary and commercial agencies in a way that
conforms to all protocols and integrates their work into the life of the school.

In addition there are important services provided directly to young people;

<u>Teenage Pregnancy and Parenting Team</u> - this team provides mentoring and support services directly to teenage mothers of compulsory school age together with work with teenage fathers. The team undertakes specialist preventative programmes and liaises with partner services to develop provision for schools.

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In addition the <u>Teenage Pregnancy Strategy Team</u> is currently accommodated within the Health Initiatives and Wellbeing Team. This team develops, implements and monitors the Teenage Pregnancy Strategy on behalf of the city wide partnership.